

THERAPIST LIST

COLUMBIA COUNTY

Paquette Center

Location: Multiple locations in Columbus and Portage.

Services: Psychotherapy, AODA Treatment/Services, domestic violence and anger management treatment, and group therapy.

Contact Info: 608-742-5518, info@pauquette.com <https://pauquette.com/>

DANE COUNTY

Authenticity Counseling

Location: 6409 Odana Rd., Suite 24, Madison, WI 53719

Services: outpatient psychotherapy

Contact Info: (608) 628-7147, tricia@authenticitycounseling.com,
www.authenticitycounseling.com

Children's Hospital of Wisconsin

Madison Community Services

Location: 1716 Fordem Ave., Madison WI 53704

Services: Child and Family Counseling - Our counselors work with children and their families to address problems and strengthen family ties.

Contact Info: (608) 221-3511, <https://www.chw.org/location-directory/locations/community-services/madison-community-services>

Children's Therapy Network

Location: 639 Struck Street, Madison 53719, Madison, WI 53719

Services: Specializes in the treatment of children with Sensory Processing Disorders, Autism Spectrum Disorders, Behavioral and Social difficulties, Developmental Delays, and Feeding concerns. Services include occupational therapy, speech therapy, physical therapy, mental health services, Birth-to-5 services, feeding therapy, therapy groups, daycares & schools, and trainings.

Contact Info: (608) 234-5990, info@ctn-madison.com www.ctn-madison.com

Communications Innovations

Location: Clinic locations in Madison, Fitchburg, Middleton, Verona, Sun Prairie, Janesville, and Waunakee.

Services: Speech and language therapy, occupational therapy, physical therapy, feeding therapy, aquatic therapy, and music therapy.

Contact Info:

(608) 819-6394, info@citherapies.com, <https://communicationinnovations.com/>

Counseling Resources Neuropsychological Associates, LLC

Location: 4785 Hayes Road #100, Madison, WI 53704-7364

Services: Neuropsychological assessments

Contact Info: 608-242-7160, <https://www.brain-docs.com/>

Crossroads Counseling Center

Location: 778 Lois Drive, Sun Prairie, WI 53590

Services: Offers a variety of therapies, groups, and day treatment. Accepts MA.

Contact Info: (608) 837-9112, www.crossroads73.com

Eclipse Counseling, LLC

Location: 4915 Monona Dr, Suite 105, Monona

Provider: Martin Keane, LCSW

Services: Outpatient mental health treatment to individuals and families, bilingual, accepts MA

Contact Info: (608) 221-2265

Family Services Madison

Location: 128 East Olin Avenue, Madison

Services: Outpatient counseling services. In-home services. Day treatment that provides comprehensive mental health service to middle school youth, male and female, ages 10-14 who are struggling in their home, school and/or community environments due to mental health and behavioral challenges. and in-home services.

Contact Info: info@fsmad.org, 608-252-1320, <https://fsmad.org/>

Family Therapy Center of Madison

Provider: Martha York

Location: 700 Rayovac Dr, Suite 220, Madison

Services: Mood and Anxiety Disorders of Childhood, Adolescence and Adults; Developmental and Relational Trauma, PTSD, and Complex Trauma; Emotion regulation; Difficulties of Attachment and Bonding; Family Transitions - divorce, foster care, adoption, and special needs; and grief and loss

Contact Info: 608-276-9191, <https://ftcm.org/marthayork.html>

Foundations Counseling Center Inc.

Location: 619 River Street, Belleville, WI 53508

Services: Intensive Therapeutic Mentoring, Intensive In-Home Counseling, Traditional Outpatient Counseling, Crisis Intervention, In-Home Services, and Group Therapy.

Contact Info: (608) 424-9100, www.foundationssc.com

Healing Hearts Family Counseling Center, LLC

Location: 1268 West Main Street, Sun Prairie

Services: Counseling services, Neurofeedback, Occupational Therapy, MNRI Primitive Reflexes, Interactive Metronome, Cranial Sacral, and Integrated Listening System

Contact Info: 608-834-1122, info@healingheartscare.com www.healingheartscares.com

Hurd Psychology

Provider: Heather D. Hurd, Ph.D.

Location: 700 Rayovac Drive, Ste 114, Madison

Services: Specializes in Autism, ADHD, and Learning Disorders. Services include therapy, comprehensive evaluations, and consultation with schools and healthcare providers.

Contact Info: drheather@hurdpsychology.com, www.hurdpsychology.com

Imagine a Child's Capacity

Location: 128 E. Olin Ave., Madison

Services: Individual consulting, school consultations, and training

Contact Info: 608-316-1149, information@icc-wi.org <http://icc-wi.org/>

Alan Irgang, LCSW

Location: 6 Yellowstone Court, Madison, WI 53705

Service: outpatient psychotherapy

Contact Info: (608) 203-8115, ajirgang@earthlink.net, www.alanirgang.com

Kind Therapy, LLC

Provider: Sara Kind

Location: 700 Rayovac Drive, Suite 103, Madison

Services: Specializes in trauma survivors, children, families, and couples. Child therapy is interactive and includes art, play, and mindfulness strategies.

Contact Info: 608-466-4686, <https://www.psychologytoday.com/us/therapists/sara-kind-kind-therapy-llc-madison-wi/225187>

Lutheran Social Services

Locations: Multiple locations throughout Wisconsin.

Services: Individual, couples, group, and family therapy in all stages of life; mental health treatment; and alcohol and drug assessments. They also have adoption and foster care; youth and family; disabilities, and addictions and restorative justice programs. Accepts MA.

Provider: Dr. Mary Rhoades (Madison) 608-277-0610 assessment and treatment of children experiencing emotional/behavioral disorders, learning or cognitive disability, identifies learning styles and processing strengths and weaknesses.

Contact Info: (608) 752-7660, ext. 5136, www.lsswis.org

Marriage and Family Solutions

Provider: Crystal D'Orazio, LMFT, CSAC, CSIT

Location: 7818 Big Sky Drive, #101, Madison

Services: Has worked extensively with the foster care system and knows a great deal about children's issues including attachment, mental health, and trauma.

Contact Info: 608-203-6267, marriagefamilysolutionsmadison@gmail.com

Mental Health Solutions

Provider: Christopher Wirth, LMFT, MS

Location: 7633 Ganser Way, Suite 204, Madison

Services: Specializes in Family Systems therapy to treat a variety of emotional and behavioral issues; including anxiety, depression, sexual abuse, family relational issues, Autism Spectrum Disorders, Oppositional Defiant Disorder, PTSD, and personality issues.

Contact Info: 608-829-1800, mhsinfo@mhsolutions.com,
http://www.mhsolutions.com/christopher_wirth.html

Midwest Center for Human Services

Provider: Don Coleman, MSSW, LCSW

Location: 313 Price Place, Ste 10, Madison, WI 53705

Services: Specializes in cultural competency in mental health services and transracial adoption issues, accepts MA.

Contact Info: 608-231-3300, <http://www.mchumanservices.us/>

Open Door Center for Change

2 Locations: 6502 Grand Teton Plaza #102, Madison & 3324 Milwaukee St. Suite 2C, Madison

Services: Open Door offers play therapy, Dialectical Behavior Therapy, groups for adolescents and adults, and more

Contact Info: 608-827-7220, opendoorcfc@gmail.com, <http://opendoorcfc.com/>

Oregon Mental Health Services, LLC

Location: 165 W Netherwood Rd, Oregon

Services: Outpatient psychotherapy

Contact Info: 608-835-5050, www.oregonmentalhealthservices.com

Orion Family Services

Location: 6333 Odana Rd, Suite 20, Madison

Services: In-home family therapy, outpatient counseling, parent programs, and community programs

Contact Info: 608-270-2511, <http://www.orionfamilyservices.org/>

Psychiatric Services, S.C.

Maureen Rickman, PhD

Location: 2727 Marshall Court, Madison, WI 53705

Services: Psychological testing and clinical evaluations to help develop appropriate intervention strategies for children, teens and adults who have a complicated profile. Special interest in working with children and families, including non-traditional and adoptive families.

Contact Info: (608) 238-9354, mdrickman@psyhsvsc.com, www.psyhsvcs.com

Psychology Associates, LLP

Provider: Kelsey Johnson, MA, LPC

Location: 2010 Eastwood Drive, Suite 202, Madison

Services: Special interest in working with adoptees, adoptive parents, and birth parents.

Experienced in working with trauma and grief/loss as they relate to the adoption experience.

Contact Info: 608-255-9119 ext. 23, kelseyjohnsonlpc@gmail.com,
www.psychologyassociatesllp.com/therapists-2

SSM Health Dean Medical Group

Location: Multiple clinic locations.

Provider: Kathleen Hipke, PhD, 752 N High Point Rd., Madison

Services: Special emphasis on providing child and family psychotherapy and treating infant and early childhood mental health issues including trauma, sleep, attachment concerns and emotion/behavior regulation. Specializes in treating perinatal mood and anxiety disorders, helping families cope with pediatric medical illness, and working with children on anxiety, learning and behavioral challenges. Accepts Dean assigned MA.

Contact Info: (608) 824-4000

Provider: Lynn Schemenauer, LMFT, 1821 South Stoughton Road, Madison

Services: Focuses on individual therapy for adults, adolescents and children; and on family therapy, such as parent-child relationship work and blended family challenges. She also treats behavioral health issues related to anxiety and stress management; depression, grief and loss; and personal growth and self-esteem.

Contact info: (608) 206-6006

Provider: Lynn Nancy Viscovich, PhD, 1313 Fish Hatchery Road, Madison

Services: Neuropsychological Assessments, pediatric neuropsychology, specializes in the treatment of attention and learning disorders, autism and developmental disorders.

Contact info: (608) 252--8000

Provider: Peter Williamson, PhD, 1313 Fish Hatchery Road, Madison

Services: Neuropsychological Assessments

Contact info: (608) 252--8000

The Rainbow Project

Location: 831 East Washington Avenue, Madison, WI 53703

Services: Comprehensive assessment of family members and parent-child interaction; individualized treatment for children and parents, focusing on social-emotional development and behavior changes within the family system.

Contact Info: 608-255-7356 ext. 316, www.therainbowproject.net

Synergos Counseling

Locations: 5250 East Terrace Drive, Suites B & C, Madison and 303 S. Paterson Street, #1A, Madison

Services: Individual, Family, and Art Therapy; Children and Adolescent Counseling Services; Anxiety-related disorders (i.e., Generalized Anxiety disorder, Hair Pulling disorder, Obsessive-Compulsive disorder, etc); Feeding and Eating Disorders (i.e., Anorexia, Bulimia, etc); Cognitive Behavior Therapy (CBT), Exposure Response Prevention (ERP) Therapy, and Habit Reversal Training (HRT) Interventions; Dietary support with a Registered Dietitian and Board Certified Specialist in Pediatric Nutrition (CSP) who can support you in developing SMART goals to improve nutrition and overall general wellness; and Meal plan development and maintenance to address disordered eating thought patterns and behaviors leading to unhealthy daily living choices (ie., rigidity, food rules, calorie counting, etc)

Contact Info: (608) 405-5111; contactus@synergoscounseling.com

Waisman Center

Location: 1500 Highland Ave, Madison

Services: Neuropsychological assessments. Comprehensive clinical care and support for children with disabilities and their families.

Contact Info: 608-263-3301, <https://www.waisman.wisc.edu/>

Lindsay Warren, MS, LPC-IT (Licensed Professional Counselor in Training)

Location: 715 Hill Street, Suite 140A, Madison

Services: psychotherapist specializing in children and families, especially those touched by adoption, foster care, disrupted attachment or trauma. Offers evening and weekend appointments as well as a sliding fee scale.

Contact Info: 608-285-2023, lindsaywarren2000@gmail.com

GRANT COUNTY

Platteville Family Resource Center Inc.

Location: Multiple Locations

1075 N. Elm St., Suite 200, Platteville

219 W. Maple St., Lancaster

Services: Individual and family therapy. Psychological evaluations. In-home therapy.

Contact Info: 608-348-4060, <http://www.plattevillefamily.com/>

IOWA COUNTY

Oregon Mental Health Services, LLC

Location: 101 E. Fountain St., Suite 2, Dodgeville

Services: Outpatient psychotherapy

Contact Info: 608-835-5050, <http://oregonmentalhealthservices.com/>

Platteville Family Resource Center Inc.

Location: 218 E. Swayne St., Dodgeville

Services: Individual and family therapy. Psychological evaluations. In-home therapy.

Contact Info: 608-348-4060, <http://www.plattevillefamily.com/>

JEFFERSON COUNTY

Catholic Charities Madison – Integrated Counseling Services

Provider: Dana Walters, LSCW

Location: 734 Madison Avenue, Fort Atkinson

Contact Info: 920-563-9375, dwalters@ccmadison.org

RICHLAND COUNTY

Pauquette Center

Location: 23295 Highway 14, Richland Center

Services: Psychotherapy, AODA Treatment/Services, domestic violence and anger management treatment, and group therapy.

Contact Info: 608-742-5518, info@pauquette.com <https://pauquette.com/>

ROCK COUNTY

Child Parent Psychotherapy

Provider: Tiffany Strodthoff, MS, LPC, CSAC, NCC

Location: Janesville, WI

Services: Adoption Competency training and certification. Therapy for young children from birth through age 5 and their parents/caregivers

Contact Info: (608) 757-0404, ext. 114, TStrodthoff@gencounseling.com, childparentpsychotherapy.com

Communications Innovations

Location: 4445 Woodgate Dr., Janesville, WI 53546

Services: Speech and language therapy, occupational therapy, physical therapy, feeding therapy, aquatic therapy, and music therapy.

Contact Info:

(608) 819-6394, info@citherapies.com, <https://communicationinnovations.com/>

Compass Behavioral Health Clinic

Location: 1820 Center Avenue, Suite 107, Janesville, WI 53546

Services: Depression and anxiety therapy, substance abuse services, marriage and family counseling, grief and trauma counseling, child and adolescent counseling, psychology, and psychiatry.

Contact Info: (608) 755-1475, <http://compassbehavioralhealthclinic.net/home/3671558>

Crossroads Counseling Center

Location: 17 S River Street, Suite 254, Janesville, WI 53548

Services: Offers a variety of therapies, groups, and day treatment. Accepts MA.

Contact Info: (608) 755-5260, www.crossroads73.com

Genesis Counseling Services

Location: 1 S. Main St., Janesville

Services: Assessments, individual and family therapy.

Contact Info: 608-757-0404, <http://www.geniscounselingservices.com/>

Lutheran Social Services

Locations: Multiple locations throughout Wisconsin.

Services: Individual, couples, group, and family therapy in all stages of life; mental health treatment; and alcohol and drug assessments. They also have adoption and foster care; youth and family; disabilities, and addictions and restorative justice programs, Accepts MA.

Contact: (608) 752-7660, ext. 5136, www.lsswis.org

Mercyhealth Behavioral Health Clinic–Janesville

Provider: Sobia Kirmani-Moe, MD, MSW

Location: 903 Mineral Point Ave., Janesville

Services: Psychiatric care for children and adolescents

Contact Info: (608) 756-0174

MILWAUKEE AREA

Adoption Wellness

Provider: Jaclyn Skalnik, APSW

Location: 325 Forest Grove Drive, #201, Pewaukee, WI 53072

Contact Info: (414) 367-8070, jaclyn@adoptionwellness.com www.adoptionwellness.com

Note: Transracial, internationally adopted person.

Bethany Christian Services of Wisconsin

Provider: Michelle Scott-Grant, LCSW Child and Family Therapist/Post Adoption Support

Location: N14 W23755 Stone Ridge Dr. Ste 265, Waukesha

Services: Strength-based, Certified Adoption Competent Therapist, trained in Trust Based Relational Intervention (TBRI), Theraplay, and trauma-informed, with exposure to Dr. Perry's NMT approach. Offer ADOPTS for ages 4 -17, which is a unique 12 -18 week therapeutic intervention for adopted (and in some cases pre-adoptive) children who have experienced complex trauma. ADOPTS is a supportive, trauma-focused therapy which emphasizes healing from past trauma and developing skills with emotion management, relationship enhancement, social situations and self-identity. The intervention includes, individual, family and a group component.

Contact Info: (262) 547-6557, msscott-grant@bethany.org, www.bethany.org/waukesha

Child Development Center

Provider: Samantha Wilson, PhD

Location: 13800 W. North Ave., Suite 120, Brookfield

Services: Staff psychologist within the International Adoption Clinic at Children's Hospital of Wisconsin. Provides support to families at all stages of their adoption journeys, including pre-adoption education, initial consultation following a child's immigration, developmental and psychosocial assessment, and child/family therapy. She has authored/co-authored numerous peer-reviewed articles in the areas of early child development and/or adoption and is a contributing author to two books on the post-adoption development of children adopted internationally. Dr. Wilson serves as adjunct staff for the Wisconsin-based TIES Adoptive Family Travel program, a heritage travel experience for children and families. Though her clinical specialty pertains to psychosocial development of children adopted internationally, she

also has clinical expertise in the mental health needs within domestic adoption and foster care. Dr. Wilson is credentialed within Wisconsin as an Infant Mental Health Mentor (Level IV – Clinical), documenting her expertise attending to the social-emotional development of infants/toddlers.

Contact Info: 414-607-5280, <https://www.chw.org/physician-directory/w/wilson-samantha-l>

Cornerstone Counseling Services

Location: Multiple locations.

Services: They offer a range of therapy options including individual adult and child counseling, family/couples therapy, AODA counseling, group therapy, medication management, psychological testing/assessments, and life coaching.

Contact Info: (262) 789-1191 ccshelp@ccs2.com,
<http://www.cornerstonecounseling.com/index.htm>

SAUK COUNTY

Paquette Center

Location: Multiple clinic locations in Baraboo, Prairie du Sac, and Reedsburg

Contact Info: 608-742-5518, info@paquette.com <https://paquette.com/>

Services: Psychotherapy, AODA Treatment/Services, domestic violence and anger management treatment, and group therapy.

Therapy Without Walls

Location: 2155 E Main St, Reedsburg, WI 53959

Services: therapeutic mentoring, Individual Counseling, Group Counseling, Family Counseling, In-Service Trainings, Community Presentations

Contact Info: (608) 768-0816, <http://therapywithoutwalls.org/>

MINNESOTA

Adoption Medicine Clinic

Location: University of Minnesota Children’s Hospital, 2512 Building, Floor 3, 2512 S 7th St., Minneapolis 55454

Services: Internationally recognized and offers comprehensive care using a team approach to ensure better mental, developmental and physical health for children who are adopted or in foster care.

Contact Info: 612-365-6777, <https://www.mhealth.org/childrens/care/overarching-care/adoption-medicine-pediatrics#related-locations>

OTHER RESOURCES

Coalition for Children Youth and Families Therapist Lists in Wisconsin
<http://postadoptccyf.org/Resources/Helpful-Lists-Contacts>

The RAD Consultancy LLC <http://www.radconsultancy.com/> - telephone consultation and coaching for families coping with issues related to Reactive Attachment Disorder

Psychology Today: Find a Therapist <https://www.psychologytoday.com/>

Selecting and Working with a Therapist Skilled in Adoption Factsheet:
https://www.childwelfare.gov/pubPDFs/f_therapist.pdf .

Disclaimer: The providers on this list have been recommended by adoptive families, adoptees, or adoption professionals. This is not an exhaustive list and the Post Adoption Resource Center is not endorsing one provider over another. We encourage you to interview prospective providers to find the right fit for your family

If you have any questions, please contact the Post Adoption Resource Center at (608) 806-8009 or postadoption@ccmadison.org to speak with a Post Adoption Resource Specialist.